



Merkinch

Community Centre



Good weather hits Highlands

It has been a welcome change to see the sunshine and everyone out and about with no raincoats. Everyone talks about the nice weather and we all seem to enjoy it so very much. It is the time of year when schools have their sports days and outings, so its great to see the sun shining on these important events.

Our Community Centre continues to shine its sunshine on all folks who attend and we have a busy programme with lots of folks coming through our doors.

We have various bits of news to share with you and a couple of highlights was our big Coronation Meal and also our June Jamboree which is a great community event.

If there is any new group or class you would like, please let us know. We also have some spaces to hire out rooms as well.



Archery Group are looking for some new members. Come along and give it a try.



Everyone is given a warm welcome to join any groups and get help, support or just a friendly chat and cuppa.



Art Society are looking for more members for their art groups on Monday & Wed

Swing Dance Group

MCC is proud of hosting a range of different opportunities for all ages of folks. Over the past year or so, the Swing Dance Group have been hiring our hall and enjoy learning new dances.



Retiral

Our dear colleague and friend, Lawrence Attwell retired as Caretaker although still helps us out occasionally when we are stuck.



Staff

Top left: Danny McLean is a relief caretaker and we appreciate his services to MCC.

Top right: Sammy MacLeod is our new part time Caretaker, welcome to you from the team.

Step n Style Dance Group with Nicky

Meet on Mondays

3pm - 5pm for children



Highland Dancing for children

Elizabeth Fraser is our long term dance teacher and has seen many children and young people learn the Highland Dancing, right through to championship levels.

Meet on Monday, Tuesday and Wednesdays



Changed our mini bus to a shiny white one with our logo

We decided to sell our large minibus and buy a smaller one for various reasons.

This bus is eight seater plus driver plus wheelchair and has an electric ramp on the back. Available for hire to community groups



Wonderful Coronation Celebration



We had a wonderful Coronation Dinner celebrating King Charles being crowned. One hundred people attended and everyone had a really brilliant time together. Additional guests came from Arderseir and other parts of Inverness. After dinner, Strumness Group and Songbirds entertained us.

More Coronation Photos



*Folks enjoying
the lunch
and chat*

Craft Group from Kinmylies



Songbirds Acappella



*Strumness entertaining
us with their ukuleles and
singing all the 'old time'
songs which everyone
thoroughly enjoyed*



The Lunch Club meet every Wednesday for a hot two course meal, tea and biscuits followed with an hour of entertainment. New members are welcome who are elderly and frail. Thanks to support from our helpers.

Volunteers



Here is a picture of our extra volunteers who came to serve the Coronation Lunches.

Thanks to all the Team!

Pictured here is Volunteer Brian Moran who is our weekly minibus driver collecting the folks for our Lunch Club.

He operates the lift to enable people with mobility needs to have easy access. It is the highlight of their week!



This is a picture of our Annual Dinner for all our valued volunteers.

People help in all different ways and groups in the centre.

June Jamboree!

Friday 23rd June saw yet another Jamboree of fun, laughter and enjoyment in our community theatre. This is an occasion where various groups perform and others display their work for folks to admire! It was a great event where we all celebrate together the joy of singing, dancing and lots of interviews with folks who attend classes and groups.

We also honoured Anne McCreddie who has just been announced in the Honours List for a British Empire Medal, *Very well done !*



Step n Style - children dancing



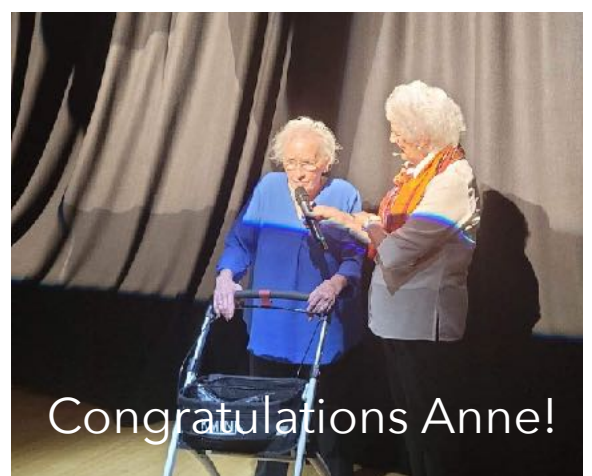
Tai Chi Demonstration



Singing for Pleasure



Rainbow Singers



Congratulations Anne!

Merkinch Community Centre Programme

Monday

- 10.00-12 Knitting Group and enjoy the tea and chat
- 10.00-12 Art Society - *new members welcome*
- 11.00-12 Tai Chi - *many get help with aches and pains!*
- 12.-1.00 Songbirds Acapella Group
- 2.00-3.00 Singing Hearts for Parkinsons
- 3.00-5.00 Step n Style dance classes for children
- 6.00-8.00 Highland Dancing - children
- 7.00-9.00 'Clear Cut' for alcohol and drug addictions
- 7.30-9.30 Archery

Tuesday

- 9.30 -11 Play and learn for parents and tots
- 10.30-12 Rainbow Singers for adults with learning disabilities
- 2.00-3.30 Singing for Pleasure
- 6.00-8.00 Highland Dancing
- 8.00-9.30 Swing Dancing - *new members welcome*

Wednesday

- 10.30-12 Drama for adults with learning disabilities
- 10.00-12 Art Society
- 12.30-2.00 Lunch Club for elderly with entertainment (transport available)
- 1.30-2.30 Baking for adults with learning disabilities
- 1.30-2.30 Beginners Line Dancing - *new members welcome*
- 4.00-6.00 Highland Dancing
- 6.00-7.00 Karate

Thursday

- 10.30-12 Hobbies Group - bring your own hobby or come for the chat
- 10.30-12 'Sounds Sensational' for adults with learning disabilities

Friday

- 10.00-12 Archery - beginners are welcome

Rooms of various sizes are available for hire - meetings, events conferences, sports
www.merkinchcommunitycentre.co.uk. Telephone: 01463 239563